

Are you or someone you know  
struggling with the cost of  
basic living expenses?

# Reduced income? In crisis? Need help?



[causewaycoastandglens.gov.uk/advice](https://causewaycoastandglens.gov.uk/advice)

# Where to turn?

Where to Turn is a Causeway Coast and Glens Borough Council campaign which aims to make sure you are aware of available support services if you are facing difficulty. These organisations provide a range of wraparound services and will be able to provide you with further details of these when you contact them.

## Advice Centres

Coleraine, Ballymoney, Ballycastle and  
The Glens areas contact:

### Community Advice Causeway

T: 028 7034 4817

E: [advice@advicecauseway.com](mailto:advice@advicecauseway.com)

Limavady area contact:

### LCDI Advice Centre

T: 028 7744 8430

E: [advice@lcdi.co.uk](mailto:advice@lcdi.co.uk)

Dungiven area contact:

### Glenshane House

T: 028 7774 2494

## Food Banks

### Ballycastle Foodbank

T: 075 3698 6448

E: [info@ballycastle.foodbank.org.uk](mailto:info@ballycastle.foodbank.org.uk)

### Causeway Foodbank

T: 028 7022 0005

E: [info@vineyardcompassion.co.uk](mailto:info@vineyardcompassion.co.uk)

### Ballymoney Foodbank

T: 075 6584 0571

E: [info@ballymoney.foodbank.org.uk](mailto:info@ballymoney.foodbank.org.uk)

### Roe Valley Community Foodbank

T: 028 7776 5438

E: [manager@lcdi.co.uk](mailto:manager@lcdi.co.uk)

## Fuel Support

If you need emergency fuel support your local advice centre can direct you to a local organisation who may be able to help you with emergency electric or gas top up, fuel stamps or other support.