



Title of Report:	Conferences Courses
Committee Report Submitted To:	Council Meeting
Date of Meeting:	4 April 2023
For Decision or For Information	For Decision

Linkage to Council Strategy (2021-25)	
Strategic Theme	All themes
Outcome	All outcomes
Lead Officer	Director of Corporate Services

Budgetary Considerations	
Cost of Proposal	£350 + VAT Accommodation £85 + VAT per night
Included in Current Year Estimates	No
Capital/Revenue	50001-1921
Code	
Staffing Costs	

Screening Requirements	Required for new or revised Policies, Plans, Strategies or Service Delivery Proposals.		
Section 75 Screening	Screening Completed:	No	Date:
	EQIA Required and Completed:	No	Date:
Rural Needs Assessment (RNA)	Screening Completed	No	Date:
	RNA Required and Completed:	No	Date:
Data Protection Impact Assessment (DPIA)	Screening Completed:	No	Date:
	DPIA Required and Completed:	No	Date:

1.0 Purpose of report

The purpose of the report is to inform Elected Members of conferences and courses they may wish to attend.

Elected Members should contact Democratic Services to register interest.

2.0 The following is listed:

2.1 National Association of Councillors Learning Weekend, Mental Health & Wellbeing (attached)

Date: 14th – 16th April 2023

Venue: The Royal Hotel, Scarborough

Delegate Fee: £350 plus VAT, Accommodation is available for delegates at the Conference Hotel at the special NAC Conference Delegate rate of £85 plus VAT per night.

This conference will look at ways local authorities can help their own staff, councillors, individuals and groups to combat the effects of poor mental health. This event will provide opportunities to hear quality speakers, participate in Q&A sessions and contribute to conference workshops. The conference will benefit elected members from every tier of local government.

3.0 Recommendation

It is recommended that Council consider the Conference listed.



05/03/2023

National Association of Councillors Learning Weekend

@The Royal Hotel, Scarborough 14th – 16th April 2023

Mental Health & Wellbeing

Dear Colleagues,

In recent years there has been an increasing awareness of mental health problems in our society. This affects people in all walks of life and can have a major effect in our communities.

Our mental health influences our physical health, as well as our capability to lead a healthy lifestyle and to manage and recover from physical health conditions.

People with physical health problems, especially long-term conditions, are at increased risk of poor mental health - particularly depression and anxiety. Around 30% of people with any long-term physical health condition also have a mental health problem. Poor mental health, in turn, exacerbates some long-term conditions, such as chronic pain.

This conference will look at ways local authorities can help their own staff, councillors, individuals and groups to combat the effects of poor mental health.

This event will provide opportunities to hear quality speakers, participate in Q&A sessions and contribute to conference workshops. The conference will benefit elected members from every tier of local government.

Please complete the Booking Form to attend.

Yours Faithfully

B. Nelson

Councillor Brian Nelson
National Secretary
National Association of Councillors
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NATIONAL ASSOCIATION OF COUNCILLORS

Learning Weekend

Mental Health and Wellbeing

The Royal Hotel, Scarborough

14th-16th April 2023

Delegate Booking Form

Name of Delegate.....

Organisation

Delegate's Email

Telephone Number.....

Authorising Signature.....Order No if reqd.....

Printed Name.....

Position.....Organisation.....

INVOICE, email address for invoice.....

To Register – Complete the delegate details above, and either: -Email a copy of this form to
Generalsecretary@nationalassociationofcouncillors.org

or Post form to NAC Bookings, Council Offices, 6 Goatbeck Terrace, Langley Moor, Co. Durham DH7 6JJ

Delegate Fees: £350 plus VAT – Metropolitan, County, Unitary, Borough & District Councils

£295 plus VAT - Town, Parish and Community Councils

Accommodation is available for delegates at the Conference Hotel at the special NAC Conference Delegate rate of £85 plus VAT per night. The accommodation fee is payable by delegate on arrival at the hotel unless otherwise indicated on the booking form.

Delegate Accommodation Friday & Saturdays nights YES / NO

Local Authority to be billed direct for accommodation YES / NO

Please note that double and family rooms are also available (prices available on request)

Booking Condition: Please note that a charge is payable on any bookings cancelled. These charges will be kept to a minimum and will be in accordance with cost incurred by the NAC.